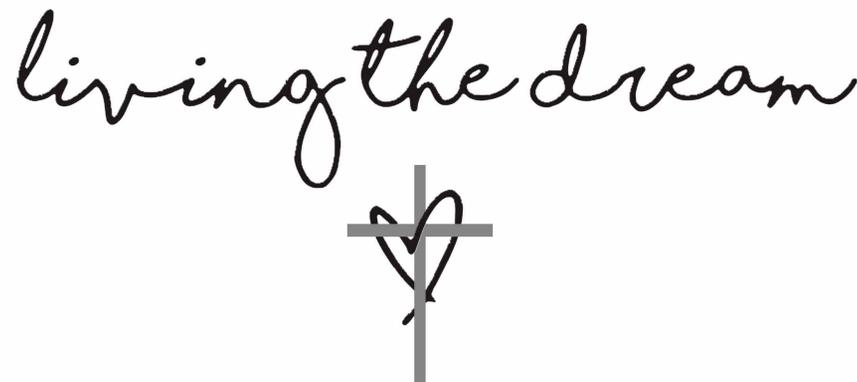


1 Peter 1:13-15

¹³Therefore, prepare your minds for action, be self controlled; set your hope fully on the grace to be given you when Jesus Christ is revealed. ¹⁴As obedient children, do not conform to the evil desires you had when you lived in ignorance. ¹⁵But just as he who called you is holy, so be holy in all you do; ¹⁶for it is written: "Be holy, because I am holy."

Philippians 4:8

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable - if anything is excellent or praiseworthy - think about such things.

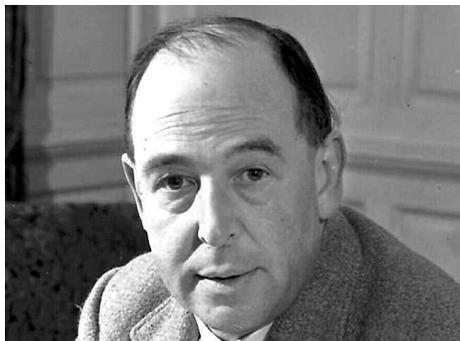


5 KEYS TO WINNING THE BATTLE FOR CONTROL OF YOUR LIFE

1. Prepare your mind 1 Peter 1:13-15
2. Guard your heart Proverbs 4:23
3. Fix your eyes 2 Corinthians 4:18
4. Direct your feet Ephesians 6:15
5. Tame your tongue James 3:7-8

C. S. Lewis

If you read history you will find that the Christians who did most for the present world... were precisely those who thought most of the next. It is since Christians have largely ceased to think of the other world that they have become so ineffective in this.



PREPARE YOUR MIND - 1 Peter 1:13-15

Living the dream:

THE BATTLE FOR THE MIND

The mind:

Eph 6:12 ...our struggle is not against flesh and blood, but against... the spiritual forces of _____ in the heavenly realms.

BE PREPARED

v.13 Prepare your minds for _____

Phil 2:5 (KJV) Let this _____ be in you that was also in Christ Jesus

BE SELF-CONTROLLED

Comes from the greek word νήφοντες (nephontes) =

1 Peter 5:8

Phil 4:8 Think on these things:

-
-
-
-

BE FOCUSED

v.13 set your hope _____ on the grace to be given you when Jesus Christ is revealed.

Col 3:2

BE DIFFERENT

verses 14 & 15 are a command to live a holy life. To be holy means:

1. What are some of the things, or people, that impact the way you think?

Positive:

Negative:

2. We are in a spiritual battle for the control of our mind. That which controls the way we think will ultimately control the way we behave. 1 Peter 1:13 tells us to prepare our mind for action. What does this mean, and how do we do it?

3. 1 Peter 1:13 tells us to be self-controlled. Why is this so important, with regards to what we allow to influence the way we think?

4. Read Philippians 4:8. Make a careful study of each of the words that are used to define what we should 'think on'. What do you think would be the result of spending more time thinking on things that meet that list?

5. 1 Peter 1:13 says, "Set your hope fully on the grace to be given you when Jesus Christ is revealed." Read the C.S. Lewis quote on the back cover. Why do you think there is a link between having a thought life that focuses on heavenly things, and being more effective in this present world?

6. 1 Peter 1:14-15 tells us to, "be holy in all you do". What does this mean and how do we do it? How does preparing our mind for action fit into this command?

7. The decision to be holy in all we do, begins with a decision we make. Do you think it's possible to make this decision, if we haven't prepared our minds for action? So is there anything you need to do in order to live a more 'holy' life?